



## **Verwood Dental Care**

### **Sustainability Report, July 2013**

- Staff members have discussed how to reduce our carbon footprint and manage water waste and will receive a copy of our sustainability performance report when 2013 targets are fulfilled.
- Verwood Dental is a fully computerised practice and the need for paper files is removed minimizing our paper usage.
- Reports, updated policies and memos are sent to staff via email and practice messaging system to reduce paper usage.
- With the use of digital x-ray, x-ray solutions and sleeves are not required and so do not require disposal of chemicals.
- Patient appointment cards are designed to hold a number of appointments, and patients are encouraged to reuse these cards until full.
- We have a large paper and cardboard recycling bin which is collected by East Dorset District Council fortnightly. Where possible, other practitioners are also contacted via email to reduce the paper trail.
- Energy saving bulbs are used throughout the Practice.
- Each surgery is equipped with its own electrical circuit which is powered down at non-working hours to avoid waste of electricity during nights.
- Our premises are cooled by extraction fans as opposed to air-conditioning to minimize the power consumption.
- Double glazed windows have recently been fitted to reduce heat emissions.
- Waste is sorted and disposed of accordingly. Training is given to staff regarding sorting of waste as well as optimum use of electricity and water.

- Garden waste and other recyclable waste are transported to a communal recycling site.
- Since 2010, our staff members use car sharing when possible.
- Closeness to public transport allows our patient to use buses instead of own car.